

## About the development of the Toolkit

### Troubling Behaviours section

The Troubling Behaviours section was developed over one year, and was launched on 6 June 2007.

The procedure was as follows:

1. Consultation with over 100 frontline workers across Scotland to determine their needs (focus groups and on-line survey).
2. Review of currently available websites/leaflets/books on mental health issues.
3. Writers' group meetings to determine style of material based on consultation findings.
4. Questionnaire sent to specialist workers to access helpful information and advice.
5. Collation and review of gathered information.
6. Writing of draft sections by various different specialist workers.
7. Editing of sections to ensure consistency of style and accuracy.
8. Design of website function and style.
9. Planning, filming and editing video materials.
10. Compiling the website.
11. Pilot of draft website with 16 frontline workers.
12. Re-writing and design changes to respond to workers' comments.
13. Circulated to specialists to check safety of written materials.
14. Final editing.
15. Toolkit Launch - 6 June 2007.
16. Design and carry out post-launch evaluation study.
17. Ongoing development in response to post-launch evaluation.

### Reports

Consultation Report (January 2007)

Pilot Study Report (September 2007)

Post-Launch Evaluation Report (August 2008)

## Flourishing section

The Flourishing section was developed over one year, and was launched on 2 September 2010.

The procedure was as follows:

1. Consultation with over 100 workers and parents across Scotland for input on website content (focus groups).
2. Review of currently available websites/leaflets/books on positive psychology, wellbeing and mental health promotion.
3. Questionnaire sent to specialists for feedback on proposed website content.
4. Collation and review of gathered information.
5. Writing of draft sections.
6. Editing of sections to ensure consistency of style and accuracy.
7. Redesign of website function and style to incorporate both Troubling Behaviours and Flourishing sections.
8. Planning, filming and editing video materials.
9. Compiling the website.
10. Final editing.
11. Launch of extended Toolkit - 2 September 2010.